

Trainers needed for Michigan schools!

Training of Trainers: What and Why?

There is growing recognition among Michigan educators regarding the negative impact of bullying and harassment on students' physical and mental health, along with every aspect of a learning environment. Michigan needs more trainers to support schools in their search for strategies to create safe and supportive schools. A training of trainers (TOT) series for 20-25 experienced trainers will be offered by SAPE (Strategic Alternatives in Prevention Education) to certify them to conduct *Bully-Free Schools: Circle of Support* trainings.

In order to provide participating trainers with an opportunity to engage deeply in a learning process that addresses a wide range of topics related to bullying prevention and effective training, a 3-part training series will be conducted.

1. **Bully-Free Schools Core Content Training:**

A 4-day training (6:00 p.m. on September 27 - 3:30 p.m. September 30 at Crystal Mountain Resort) will provide participants with the information and resources they need to conduct *Bully-Free Schools* trainings with fidelity to key aspects of the approach, while maintaining the freedom and flexibility to do so in their own style as trainers.

Participants will receive a Trainer's Handbook filled with resource material including research articles, handouts, survey instruments, and tips for successful implementation. They will also receive a PowerPoint, a DVD, laminated posters, and access to an interactive website that will continue to support their professional development.

2. **Presentation and Facilitation Skills Training:**

A 3-day training with coaching will be held from 6:00 p.m. November 16 - 3:30 p.m. November 18 at Crystal Mountain Resort. Based upon Rich Allen's trainer coaching model, participants will have an opportunity to refine their training and facilitation skills in a safe and supportive setting.

3. **Two Follow-up Workshops:**

Two additional workshops will be scheduled in 2012 to provide technical support, highlight special topics, and provide opportunities for exchanging successful training activities.

Be part of an amazing learning community!

Interested? Questions?

If you are interested in participating in the TOT, fax the completed interest form to Kathy Gibson at 734-334-1218. Contact Kathy at 734-334-1608 or gibsonk@resa.net with questions.

What the Research Says...

[Effective bullying prevention] strives to develop a school environment characterized by warmth, positive interest, and involvement by adults; firm limits to unacceptable behavior; non-hostile, nonphysical negative consequences consistently applied in cases of...unacceptable behaviors; and where adults act as authorities and positive role models.

(Olweus and Limber, 1999)

Bully-Free Schools: Circle of Support

What is it?

Bully-Free Schools is based on the research of Dan Olweus and incorporates the work of Stan Davis along with current findings of neuroscience. It is a systems approach to preventing and intervening with bullying and all forms of peer-to-peer aggression. The first of the TOT series will address the following:

- Foundational information and research
- Strategies to develop effective limits and consequences and school-wide consistency
- Strategies to promote intrinsically-motivated change in behavior among aggressive youth
- Strategies to impact peer norms
- Strategies to promote resiliency among mistreated youth
- Strategies to build parent partnerships
- Tips for a systems implementation, including integration with existing school initiatives (e.g., PBIS/MiBLSi, School Improvement).

Registration

The TOT series is supported by a grant from the Michigan Department of Education with funding from the U.S. Department of Education. Lodging, resource materials, and meals while at the training will be paid for out of the grant. There will be no registration fee. Mileage will be the responsibility of the participant. Please use the attached form to indicate your interest in participating in this great opportunity!

Bully-Free Schools: Circle of Support

Part 1: September 27-30 and Part 2: November 16-18, 2011

**Interest
Query**



Crystal Mountain, Thompsonville, MI

Training of Trainers Series

Who will provide the training series?

The training series will be offered by SAPE (Strategic Alternatives in Prevention Education). Dating back to 1971, SAPE is Michigan's oldest and most experienced prevention training organization.

Dee Lindenberger is the lead trainer. A former teacher, she has been a consultant/trainer in the prevention field since 1980 with Marquette-Alger RESA and SAPE. Since retiring from MARESA, she continues to work with SAPE and as a private consultant with Optimal Learning, LLC. She has had extensive training from Stan Davis and continues to work closely with him in a collegial relationship. She has also been trained as a trainer for Rich Allen's *Impact Learning*—brain-friendly presenting and training skills.

Expectations for Certified Trainers:

The ultimate goal of the training series is to create a cadre of skilled and experienced trainers who can implement *Bully-Free Schools: Circle of Support*—an effective system-wide approach for reducing bullying and other forms of peer-to-peer aggression throughout the State. Expectations for certified trainers include the following:

1. Attend the entire TOT series; and
2. Provide *Bully-Free Schools: Circle of Support* trainings to schools. Trainers will not be expected to duplicate the training model in every aspect, only to retain the integrity of key aspects of the approach. *How* core components and strategies are presented is up to the individual trainers.

Bully-Free Schools: Circle of Support is an evolving model that is designed to be responsive to new research, evolving needs, and participating trainers' innovative ideas for new ways to create safe and supportive schools.

Training of Trainers *Bully-Free Schools: Circle of Support*

Part 1: September 27 - 30, 2011; Part 2: November 16-18, 2011; Part 3 Dates to be set

Yes! I would be interested in participating in a training of trainers for Circle of Support: Bully-Free Schools. Please fax this completed form to Kathy Gibson at 734-334-1218.

Name _____ Role _____

Organization _____

Address _____

Email _____ Phone # _____